

Silvia Ziraneck

by Mark Caffrey

FOOT, FOOD, AGO is delivered by an immaculately presented **Silvia Ziraneck** who is “practising for the past” through quirky ex/(changes) with her memories, wardrobe and text. This celebratory recipe requires an assistant, whose careful repetition of **Ziraneck’s** introductory text suggests uses for the objects that cover the floor – plastic, polka dotted inflatable “objets de fabulousness” recognisable to us as crockery, shoes and over-sized sunglasses.

Ziraneck deliberately makes it difficult to engage with her world. She cooks words and image into a plate to be shared “with the one you love”, then – pause for dramatic effect – smashes the plate on the floor, eyeballing the audience as she mixes an antagonistic nerve stew. “I am where I’ve been, not always who I’ve been”, **Ziraneck** advises us, as we, she, and all aspects of her (plus) are plunged into this survey of a private mythology; **Ziraneck** freezing along her verbal and visual ramble to pose for photographs, for captured memories, in this piece about histories and appearances.

When **Ziraneck** breaks out of the applause at the end of the piece to re-present part of the final section, she puts the icing on her layer cake with a simple and melodic flourish that suggests she knows this recipe by heart. Irritating and endearing, **Ziraneck’s FOOT, FOOD, AGO** is a celebration of process: food, art and life.

This entry was originally written for the 30th National Review of Live Art of Live Art, Scotland. Silvia Ziraneck performed **FOOT, FOOD, AGO** on Thursday 18th March, 2010 at CCA, Glasgow, Scotland.

For more on Silvia Ziraneck, visit <http://www.silviaziraneck.com/>

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